



“When I got pregnant I felt lonely, desperate and confused. It was like being in a dark hole. I heard about Pregnancy Help and they gave me the emotional and practical support to get out of the confusion. I do not have words big enough to match what they do.”

A Pregnancy Help Client

Providing compassionate, life-affirming alternatives to abortion since 1973

***Pregnancy Help* is a crisis pregnancy center sponsored by the Archdiocese of Boston. Each year, more than 300 women in crisis pregnancies are assisted by *Pregnancy Help*.**

These are women you might know and love:

- A college student, pregnant after her first year in college
- A family, struggling financially, who already have several children and feel overwhelmed with the news of another pregnancy
- A couple who are devastated to learn that their much-wanted unborn baby may have serious medical problems
- A woman whose husband and or boyfriend has just left her because she refuses to have an abortion

Services are free, confidential and offered in English, Spanish and Portuguese. Material support provided by *Pregnancy Help* to clients is made possible through the Archdiocesan *Parish Baby Shower Program* and the *Fund for the Unborn*. Thank you for your support.

***Pregnancy Help* offers:**

- Free Pregnancy Testing
- Prenatal Care Referrals
- Education, Career & Housing Information
- Material Assistance
- Friendship Counseling & Support
- Adoption Information & Referrals
- Ongoing support

**For client services:
888-771-3914**

For info on *Parish Baby Shower Program* call the Pro-Life Office 508-651-1900

“I was desperate when I called Pregnancy Help. All I knew was that if I did what everyone in my life wanted me to do, which was have the abortion, I would not be able to live with myself.”

A Pregnancy Help Client

www.pregnancyhelpboston.org

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